

Dayāsa

Instruction manual



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Instruction manual

Congratulations to your new Dayasa™. You have bought a quality product which was produced in Germany. We wish you many years of joy with your singing bowl clock.

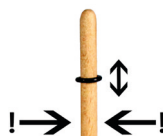
A - QUICK START/THE MOST IMPORTANT THINGS AT A GLANCE

How to get your clock started

Open the battery compartment by lifting off the cover. It is hold by magnets. Install 4 batteries type „C“ (also known as „baby“). All batteries should be brand new. Close the battery door.

The standard setting appears on the display.	12:00
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




Put the singing bowl on the clock in such a way that it is adjusted horizontally. Check if the rubber-ring is correctly positioned. The wooden bobbin should touch the singing bowl right under the upper brim of the bowl. To adjust the rubber ring, hold it with one hand, while you are rolling it up or down.








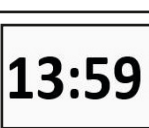
B - How to operate your Dayasa

The display serves to both display and adjust. It is a touch screen which you touch with your finger tip to adjust.






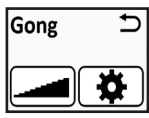

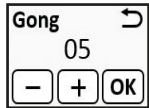




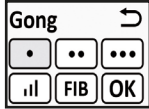
B1 - How to set the time

When you see the standard setting/display, tip shortly on the display, it will be lit. Tip again on the display, the main menu will appear. Tip on UHR 	
Press the time symbol in the submenu UHR 	
In the time-setting the hours blink. First, set the hour with – and +, confirm the hour with OK and the minutes blink. Choose the minute with + and – and confirm with OK. To save, press the blinking OK again.	
The standard setting shows the set time.	13:59

B2 - Setting the alarm clock / wake up call

<p>Tip the display shortly in the standard setting, which will be lit automatically. Tip again on the display and the main menu will appear.</p> <p>Tip on ALARM </p>	
<p>The hours blink in the alarm mode. For setting the hour, press – and +. Confirm with ok. The minutes will start to blink. Proceed to press – and + to choose the minute and confirm with ok. To save the settings, tip again on the blinking OK.</p>	
<p>The main display shows the activated alarm.</p>	
<p>When the alarm is ringing, you can tip on the display and the alarm will pause for 7 minutes. (snooze-function). You can pause the alarm up to 5 times in total. After the 6th alarm, the alarm will be automatically stopped. Please note: When you choose the Fibonacci mode, (see chapter B3) there is no snooze function.</p>	
<p>To stop the alarm, press the display about 3 seconds. The alarm time disappears, the alarm has been stopped. To activate the saved alarm, press the display again for about 3 seconds.¹⁾</p>	

B3 - How to install the gong and test the sound

<p>Tip shortly on the display in the standard setting. It will be illuminated. Tip again on the display and the main menu appears.</p> <p>Tip on Gong </p>	
<p>In the submenu GONG you can adjust the volume with the  symbol and you can choose the gong with  .</p> <p>First, tip </p>	
<p>The set volume will be shown. Change the volume by pressing – and +. Be sure not to tip too fast, then you will hear a test gong after every step. To return to the gong menu tip </p> <p>Press OK to save your preferences and to return to the Gong menu.</p>	
<p>Tip on  to set the type of gong. You can choose between 1, 2 or three gongs. The settings  (rising volume/strike strength) and  (Fibonacci sequence) are only applicable for the alarm. To return to the Gong menu press </p> <p>Save your settings with OK and get back to the main display.</p>	


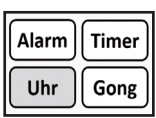



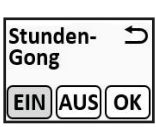


C - FURTHER FUNCTIONS

C1 - Light

With every tip on the display the light will turn on for 6 seconds, then it will be dimmed for four more seconds and will extinguish if you don't touch the display again.

C2 - How to activate or deactivate the hourly gong

The bowl will be struck every full hour (when the hourly gong is activated). The hourly gong is turned off by default.

Tip on the display in the standard/default display which is now illuminated. Tip on the display again and the main menu appears. Tip on UHR 	
In the UHR menu tip on the symbol for the hourly gong 	
If the hourly gong is active or not will be shown in the hourly gong setting. To activate tip on EIN. Save the setting with OK and return to the standard setting. Use  to return to the UHR (clock) menu without any changes.	
In the standard setting the activated hourly gong will be shown below the time  ! There will be no gong when the alarm or the timer is activated !	



To turn off the hourly gong, proceed accordingly.


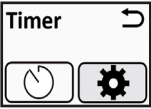


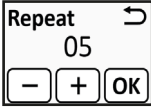

C3 - Countdown-Timer

a) How to set the length and number of repetitions




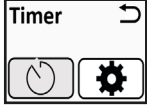




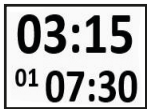




Your Dayasa has a countdown timer that counts a given time period backwards to zero to the split second and gives a signal with the set gong. The maximum countdown period is 99 minutes and 59 seconds.

Furthermore, the set countdown period can be repeated up to 99 times. After each cycle/passage, the gong strikes once, at the end of the process/sequence, it strikes two or three times, depending on the setting.























Tip on the standard display shortly, it will be lit. Tip again on the display and the main menu appears. Tip on TIMER 	
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In the Timer Menu tip on ...  ..to set the countdown period	
In the „Dauer“-mode (duration mode), the last saved countdown time is shown. First, set the minutes by pressing – and +. Confirm the minutes with OK and the seconds start to blink. Again, choose the seconds by pressing – and + and confirm with OK. A tip on the blinking OK saves the duration and branches to the setting of the repetitions (repeat function).	
Use  to go back one step or to go to the timer menu.	
In the repeat setting you can see the last saved repetitions. Press – and + to change the number of repetitions. Press OK to save the settings and go to TIMER.	
Use  to confirm the settings and return to the duration setting.	

b) How to operate the countdown timer


<p>Tip shortly on the display in the standard setting, which is illuminated now. Tip on the display again and the main menu appears.</p> <p>Tip on TIMER </p>	
In the timer menu, tip on 	
<p>The last set duration is shown in TIMER. The number between start and pause symbol is the number of runs. For a simple countdown, this value is on „01“.</p> <p> = starting the timer. The time runs backwards now.  = interrupting the countdown (pause).</p> <p>The pause symbol changes into the stop symbol: </p>	
A few seconds after the timer has been started, the standard setting will appear automatically: the upper half of the display shows the running timer. Beneath you can see the time and on its left the number of runs. Tip shortly on the display and you will return to the TIMER. Press on the display for a long time to turn off the countdown. ¹⁾	
<p>If you have stopped the countdown, you can continue it with  or stop it with </p> <p>After this, the timer shows the countdown duration again. With  you can return to TIMER setting.</p>	

C4 - The different gongs

<p>Depending on the function, you can choose between the following gongs</p> <p> • The singing bowl will be struck once.</p> <p> • The singing bowl will be struck twice every 5 seconds.</p> <p> • The singing bowl will be struck three times every 5 seconds.</p> <p> •Increasing volume. The singing bowl will be struck 5 times at intervals of 5 seconds and with rising power, the third gong equals the set volume. You cannot always hear the increasing volume, which is achieved best with a middle-sized singing bowl with an approximately 11 cm diameter. We recommend just to try it with your own singing bowl.</p> <p> •FIB Fibonacci sequence: The intervals between 2 gongs will get shorter, beginning at a 610 seconds gap. See explication of the Fibonacci sequence at the end of this manual.</p>	<div><div>Gong</div><div><div></div><div></div><div></div></div><div><div></div><div>FIB</div><div>OK</div></div></div>
<p>Alarm</p> <p>In principle, all kinds of gongs are possible. ...  has the highest priority: If you activate this kind of gong, the alarm is with the Fibonacci sequence, even if other kinds of gongs are active. Please note: There is no snooze function for this kind of gong!</p> <p> has the second highest priority. When this kind of gong is active, the alarm is carried out with increasing volume, even if</p> <p> ,  or  are active.</p>	
<p>Timer</p> <p>You can choose between  ,  or  for the end of the countdown (with or without repetitions).  takes precedence over  or .</p> <p>If none of these gongs is chosen, the end of an interval is always signaled with .</p> <p>In the case of a sequence with many repetitions the end of an interval will always be marked by .</p>	
<p>The hourly gong</p> <p>The full hour will always be signaled with a single gong.</p>	

C5 - Batteries

Your Dayasa operates with four commercially available/standard batteries type „C“ (also called „baby“). By using high quality batteries you can achieve a running time of at least one year under normal operating conditions.

<p>When the residual capacity of the batteries is low, the battery symbol will appear in the display. You should exchange the batteries soon.</p>	<div><div></div><div>12:00</div></div>
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C6 - How to change the batteries

Open the battery compartment by simply taking off the lid on the lower side of the wooden part of the clock with your fingers. It is held by four magnets.



IMPORTANT: Please take care not to damage the bobbin when you are changing the batteries. We recommend to sit down on a chair and lay the clock with the upper part downwards on your legs, now the bobbin can hang freely downwards.

D - Warranty

Terms of guarantee

1. Dayasa issues a guarantee of 24 months for the proper functioning of your Dayasa singing bowl clock. Within warranty, manufacturing faults will be repaired free of charge.
2. Should this be impossible or uneconomical, Dayasa will offer a replacement of the same or a similar model of our choice.
3. Any fringe benefit remuneration is limited to the purchasing price of this model. Any liability for collateral or consequential damage is excluded.
4. By opening the clock case, the warranty is terminated. The battery case may of course be opened.

How to submit a warranty claim

In case of a warranty claim, please send or bring your clock together with the proof of purchase to the seller, where you bought the clock or send it directly to:

Dayasa
Akazienweg 6
64665 Alsbach-Hähnlein
Deutschland

Please make sure to pack the clock safely, if you are sending it directly to Dayasa, preferably in the original box, together with the proof of purchase and a description of the defects. The buyer is responsible for the costs and the risk of sending the goods back and forth.

Exclusion of warranty

1. Damage in transit, visible or non-visible.
2. Damage through improper handling or excessive stress. Non-compliance of the operation and care instructions is seen as improper handling.
3. Batteries.
4. Singing bowl.
5. If the serial number has been removed, made unrecognizable or altered.
6. Clocks whose case has been opened, unless by an authorized dealer.
7. Clocks, which are handed in for repair without proof of purchase.

E - The Fibonacci sequence, the Golden Ratio and the gentle waking-up

The Fibonacci sequence is named after mathematician Leonardo Fibonacci and resembles to the harmonic proportions of the Golden Ratio. Every number after the first two is the sum of the two preceding ones. The first two numbers are 0 and 1. The Fibonacci sequence is as follows: 0, 1, 1, 2, 3, 5, 8, 13, 21, 34, 55, 89, and so on.

The golden ratio is a proportion law which appears in architecture and nature (e.g. the Frankfurt Paulskirche, Brandenburger Tor, flowers, leaves, planetary orbits). Two quantities are in the golden ratio if their ratio is the same as the ratio of their sum to the larger of the quantities. It is called "divine proportion" which is generally seen as harmonic and aesthetic.

The time difference between one gong and the next one in the Dayasa alarm function is a descending Fibonacci sequence, id est the intervals between one gong and the next one get shorter:

10:10 min – 6:17 min – 3:53 min – 2:24 min – 1:29 min – 0:55 min – 0:34 min – 0:21 min – 0:13 min – 0:08 min

The sequence ends with several gongs at the interval of 5 seconds, repeated 10 times in total, before the gong falls silent.

The shorter gong distances divide the overall duration of the wake-up cycle into natural intervals. A Dayasa thus converts the universal natural principle of the golden cut in the gong sequence, the awakening is sensed as very harmonious and pleasant.

F - APPENDIX

F1 - Important advice



- Do not expose your Dayasa to the sun permanently, e. g. on the window sill.
- Only use the clock indoors and at normal temperatures. Avoid big differences in inside air humidity and avoid undue dust exposure.
- Never let your singing bowl drop! The bowl might get cracks or even break into peaces.
- **Treat the bobbin with care!** Never lift or position the clock with the bobbin. When you want to transport or ship the clock, make sure there is no pressure on the bobbin. If you want to slide, change or take off the rubber ring, hold the bobbin in its position with thumb and index finger, while you move the rubber ring with your other hand.

F2 - Maintenance instructions

For regularly dusting, please use a soft cloth.

Furthermore, the wooden surface can be wiped with a slightly damp cloth. To dry, polish with lintless cloth.

F3 - The singing bowl

Touching the singing bowl can leave finger prints. Due to the copper content of the singing bowl, oxidation can develop on the surface of the singing bowl (tarnishing / patina), depending on the individual acid mantle of the skin and the duration and frequency of the action.

For cleaning, first remove loose particles such as dust and then wipe the singing bowl with a damp, lint-free cloth. Then gently rub dry.

To remove patina from the singing bowl, use a mild brass cleaning paste or a bath brick (bio-degradable cleaning paste). After polishing, your singing bowl will shine with a new gleam.

F4 - Proper disposal

In the EU and Switzerland, there exist special rules and regulations for electric devices, batteries and rechargeable batteries. Electric devices must not be disposed of in household garbage. This also applies for our devices which you dispose of at the public / municipal collection points, your local dealer or by returning the clock to us appropriately stamped.

According to the German battery ordinance, each consumer is legally obliged to return all used and emptied batteries or rechargeable batteries. Disposal in the household garbage is prohibited. Old batteries and rechargeable batteries Old batteries and rechargeable batteries can be handed over free of charge to the public collecting points of the municipalities or wherever batteries and rechargeable batteries of that kind are sold.

Batteries containing pollutants are marked with the symbol of a crossed-out refuse bin (see illustration).

We ask you to observe these disposal instructions. You thus make a significant contribution to environmental protection!



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Dayasa® is a registered trade mark by Dayasa, owner Thomas Albrecht and may only be used with the express approval of Dayasa.

Dayasa clocks have a registered design and utility patent.

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64665 Alsbach-Hähnlein
Deutschland
www.dayasa.de

Footnote ¹⁾: Function available from software version 1.20.

*It will be good
if we do not perceive time trickling by as something
that consumes or destroys us,
but as something that makes us whole.*

Antoine de Saint Exupéry